

CAMPBELL COUNTY SENIOR CENTER AND WELLNESS CENTER

Senior Center

(859) 572-4300

3504 Alexandria Pike

Highland Heights, KY 41076

Wellness Center

(859) 547-3665

October, 2026

*Registration Required and/or Payment due

Monday

Tuesday

Wednesday

Thursday

Friday

<u>Every Monday</u> Ex. Equipment Computer/Library Pacesetters 9:30 Fit Friends* 10:00 Pinochle 9:30 WOW* 10:00 Canasta/Hand&Foot 11:00 Wii Bowling 12:00 Nickels 1:00 Choga* 2:00 Choga*	<u>Every Tuesday</u> Ex. Equipment Computer/Library Pacesetters 9:30 Line Dancing 9:30 Poker 10:15 Line Dancing 11:30 Yoga* 12:30 Euchre 12:45 Chair Tai Chi* 1:45 Tai Chi*	<u>Every Wednesday</u> Ex. Equipment Computer/Library Pacesetters 9:00 Balance 4 Life* 9:30 Fit Friends* 10:00 Belly Dance* 11:00 Wii Bowling 12:00 Pinochle 1:30 Tai Chi* 3:00 Virtual Tai Chi	<u>Every Thursday</u> Ex. Equipment Computer/Library Pacesetters 9:00 WOW* 10:15 Line Dancing 11:30 Yoga * 12:00 Pinochle 12:00 Nickles 1:00 Choga* 2:00 Choga*	<u>Every Friday</u> Ex. Equipment Computer/Library Pacesetters 8:45 Choga* 9:30 Fit Friends* 10:00 Manipulation 10:00 Mah Jongg 10:15 Line Dancing 10:30 Hand & Foot 11:00 Wii Bowling 11:00 Line Dancing 1:00 Bingo 1:00 Chair Volleyball
			1	2 11:00 Lunch & Learn
5	6 9:30 Paint Class* 12:45 Tai Chi*	7 Belterra Day* 11:15 Pacesetters Meeting	8 1:00 Tech Day*	9
12 Closed Columbus Day	13 10:00 Movie* 11:30 Yoga*	14 10:00 Belly Dance*	15	16
19	20 9:30 Craft Class* 9:00 Vaccinations*	21	22 11:00 Book Club*	23
26	27	28	29 11:30 Yoga*	30 11:15 Halloween Party*

REMINDER - YOU MUST REGISTER FOR ALL PHYSICAL FITNESS CLASSES.

October 2nd, Friday 11AM Coulette from Heaven Sent Care will present on “fall prevention and safety at home”. Lunch will be provided. *You must register at the front desk.*

October 6th, 9:30AM Paint Class - Registration is required Cost is \$5.00. No refunds for No Shows. *Register at front counter*

October 7th, Wednesday Belterra Day - 10:00AM-10:00PM You must be a registered Senior Center member & RSVP at the center each month. The last day to register for February is January 28th.

October 7th, Wednesday 11:15AM Pacesetter Meeting. Light lunch provided. Must register for new and current members. *See Jessie to register. Must register by Friday October 2nd.*

October 8th, Thursday Tech Day 1:00PM Schedule an appointment to go over any electronic devices you may be having trouble with. Clara from the Campbell County Library will be happy to help guide you.

October 13th, Tuesday 10:00AM Movie Day showing Hocus Pocus starring Bette Midler. Includes soft drink and popcorn. Donation \$1.00 *Register at front counter.*

October 20th, Tuesday Craft Class 9:30AM - *Registration is required.* Cost is \$5.00 due at registration. No refunds for no shows.

October 20th Tuesday Annual Vaccinations - *Registration is required at front counter.*

October 22nd, Thursday 11:00AM Book Club Discuss the current book and receive the next book to read.

October 30th, Friday 11:15AM Halloween Party join us for the fun! Costume contest and Monster Mash Bingo. Pizza lunch provided by The Barrington. \$1.00 donation due at time of registration. *Registration is required at front counter.*